

NSW RACE WALKING CLUB

Check out the Website: www.nswracewalkingclub.com

Established 1911



The RACEWALKER 18th July, 2026

Welcome to the New South Wales Race Walking Club Inc. weekly competition back at Angle Park.

Next Saturday 25th there is no club competition because the NSW Athletics Long Walks Championships are on at Woy Woy.

Saturday 25th July – NSW Athletics Long Walks at Woy Woy on the same course as we competed on Saturday 27th June. Entries close midday on Tuesday 21 July at <https://www.nswathletics.org.au/events/> if you require assistance please contact competitions@nswathletics.org.au or phone: 02 9746-1122. Entries open Monday 29th June. This is the third and last of 3 State Championships for members of both Little Athletics NSW or Athletics NSW who are registered for the 2025-2026 season. All information is available on the website.

Here are our competition dates for the remainder of our season:

Saturday 25th July – No club competition
Saturday 25th July – NSW Athletics Long Walks, Woy Woy
Saturday 1st August – Club competition
Saturday 8th August – Club competition
Saturday 15th August – Club competition
Saturday 22nd August – Club Championships and our point score finishes
Sunday 23rd August – Australian Athletics Junior Championships at Ballarat, Victoria
Saturday 29th August – Club Presentation
1.30pm BBQ & 2pm Presentation

This **Racewalker** is our weekly newsletter and will contain the previous week's results and news. It is FREE and when you **register each Saturday** at the table for your race you can collect your copy, or download it from our website during the week.



Please check out our website www.nswracewalkingclub.com as well as join our Facebook page "NSW Race Walking Club Inc" which is a great place to keep in touch with what's happening. When joining our Facebook group page you **must answer the Facebook questions and agree to our rules.**

REMINDER of some of the Rules for the NSW Athletics Long Walks Championships, on Saturday 25th July:

It is essential that all the walkers in races of 5km or longer up to and including 10km bring their own water in a labelled bottle (name and competition no.) and place on the drinks station/table prior to the start of their race. This is the **ONLY** place walkers can collect **water** from during races of 5km or longer up to and including 10km. For all events longer than 10km, refreshments can also be placed on the table for those athletes. Authorized persons assisting with the water/refreshments may not enter the course nor obstruct any athlete. They may hand the water/refreshments to the athlete either from behind, or from a position no more than one metre to the side, but not in front, of the station/table.



PS. For further Rule Information please see the NSW Athletics event page.

RESULTS from 11/07/2026 CHIPPING NORTON

LONG 8KM

Place	Name		Finish Time	H'cap Time	H'cap Place
1	Brendan	Pospischil	45.34	32.10	1
2	Aidan	Pospischil	51.20	34.28	2

MEDIUM 6KM

Place	Name		Finish Time	H'cap Time	H'cap Place
1	Christopher	Nilon	36.01	29.46	1

SHORT 3KM

Place	Name		Finish Time	H'cap Time	H'cap Place
1	Noah	Vella	14.36	12.40	6=
2	Sagan	Jones	15.00	11.34	2
3	Ashleigh	Mansell	15.52	11.37	3
4	Madeline	Colgan	19.32	11.44	4
5	Nicolle	Challinor	26.23	11.25	1
6	Sarah	Challinor	26.51	12.39	5
7	Emily	Challinor	26.51	12.40	6=
8	Erin	Mansell	29.33	-	-

16yrs 4KM

Place	Name		Finish Time	H'cap Time	H'cap Place
1	Nate	Appleyard	19.03	16.54	3
2	Avia	Luketic	19.08	16.40	2
3	Chloe	Farrugia	28.23	16.00	1
4	Luke	Challinor	38.38	24.45	4

14yrs 3KM

Place	Name		Finish Time	H'cap Time	H'cap Place
1	Darcy	Dennis	15.50	14.35	4
2	Rhys	Straub	16.04	13.45	3
3	Stella	Wade	16.15	13.36	2
4	Antonia	Powter	17.42	11.39	1
DNF	Hugo	Siciliano	-	-	-

12yrs 2KM

Place	Name		Finish Time	H'cap Time	H'cap Place
1	Eric	Colgan	9.35	9.17	2
2	Patrick	Yeldham	11.27	9.27	3
3	Levi	Thomas	11.30	8.22	1
4	Melody	Latta	12.27	10.09	5
5	Huxley	Jones	14.21	9.43	4
DQ	Cooper	Edwards	-	-	-

10yrs 1KM

Place	Name		Finish Time	H'cap Time	H'cap Place
1	Carsen	Luketic	4.59	4.15	2
2	Elijah	Manalili	5.37	4.39	5
3	Norah	Edwards	5.57	4.32	4
4	Clementine	Colgan	6.31	4.19	3
5	Eloise	Colman	6.36	3.54	1