

NSW RACE WALKING CLUB

Check out the Website: www.nswracewalkingclub.com

Established 1911



The RACEWALKER 11th July, 2026

Welcome to the New South Wales Race Walking Club Inc. weekly competition back at Angle Park.

Last Saturday 4th July, was the **Parramatta City Athletics Open Day** sponsored by **Parramatta Athletics Club**. Trophies were presented to the Fastest Female and Fastest Male and 1st, 2nd and 3rd combined handicap winners in each division. Thank you **Parramatta City Athletics** for the great trophies.

Saturday 11th July – Today is our usual Club competition at Chipping Norton.

Saturday 18th July – Club competition at Chipping Norton.

Saturday 25th July – NSW Athletics Long Walks at Woy Woy on the same course as were competed on last Saturday 27th June. Entries close midday on Tuesday 21 July at <https://www.nswathletics.org.au/events/> if you require assistance please contact competitions@nswathletics.org.au or phone: 02 9746-1122. Entries open Monday 29th June. This is the third and last of 3 State Championships for members of both Little Athletics NSW or Athletics NSW who are registered for the 2025-2026 season. All information is available on the website. No club competition at Chipping Norton as the Long Walk Championship is on the same Saturday.

Please check out our website www.nswracewalkingclub.com as well as join our Facebook page "NSW Race Walking Club Inc" which is a great place to keep in touch with what's happening. When joining our Facebook group page you **must answer the Facebook questions and agree to our rules.**

Here are our competition dates for the remainder of our season:

Saturday 18th July – Club competition

Saturday 25th July – No club competition

Saturday 25th July – NSW Athletics Long Walks, Woy Woy

Saturday 1st August – Club competition

Saturday 8th August – Club competition

Saturday 15th August – Club competition

Saturday 22nd August – Club Championships and our point score finishes

Sunday 23rd August – Australian Athletics Junior Championships at Ballarat, Victoria

Saturday 29th August – Club Presentation
1.30pm BBQ & 2pm Presentation

This **Racewalker** is our weekly newsletter and will contain the previous week's results and news. It is FREE and when you **register each Saturday** at the table for your race you can collect your copy, or download it from our website during the week.



Labelled Water bottles

It is essential that all the walkers in Long and Medium divisions bring their own water in a labelled (name and competition no.) transparent bottle and place on the drinks table prior to the start of their race. This is the **ONLY** place walkers can collect **water** from during races of 5km or longer up to and including 10km.



4/07/26 CHIPPING NORTON - Parramatta City Athletics Club Open

To be eligible for an award, for the Parramatta Open, athletes must have successfully competed in their nominated division on 3 prior occasions, as it's later in the season.

To receive Handicap Points for NSWRC an athlete needs to successfully compete on 2 prior occasions.

LONG 12KM

Place	Name		Finish Time	H'cap Time	H'c ap	Open
1	Aidan	Pospischil	77.06	41.49	1	FM
2	Laura	Sotmayer	85.43	45.05	2	FF

MEDIUM 10M

Place	Name		Finish Time	H'cap Time	H'c ap	Open
1	Christopher	Nilon	62.23	48.06	1	FM

SHORT 5KM

Place	Name		Finish Time	H'cap Time	H'c ap	Open
1	Noah	Vella	25.43	21.52	6	FM
2	Sagan	Jones	29.47	24.30	9	-
3	Hannah	Hewitt	31.11	22.06	7	FF
4	Madeline	Colgan	33.16	21.14	4	-
5	Carmel	Parker	37.05	21.51	5	-
6	Nicolle	Challinor	39.57	17.56	1	1
7	Claire	Gauci	45.33	23.14	8	-
8	Sarah	Challinor	46.48	18.45	2	2
9	Emily	Challinor	46.49	18.47	3	3

16yrs 3KM

Place	Name		Finish Time	H'cap Time	H'c ap	Open
1	Nate	Appleyard	14.12	12.58	2	FM
2	Avia	Luketic	14.16	12.58	2	FF
3	Alexander	Dennett	18.30	14.23	5	3
4	Chloe	Farrugia	21.11	13.56	4	2
5	Luke	Challinor	24.02	10.37	1	1

14yrs 2KM

Place	Name		Finish Time	H'cap Time	H'c ap	Open
1	Darcy	Dennis	9.45	9.29	5	FM
2	Rhys	Straub	9.50	8.48	2	2
3	Addison	Jenkins	11.17	9.07	4	FF
4	Antonia	Powter	11.38	8.57	3	3
5	Veronica	Dennett	12.13	7.59	1	1
6	Hugo	Siciliano	12.22	10.04	6	

12yrs 1.5KM

Place	Name		Finish Time	H'cap Time	H'c ap	Open
1	Eric	Colgan	7.02	6.44	7	FM
2	Cooper	Edwards	7.51	6.20	5	-
3	Jaiden	Chahal	8.04	6.37	6	-
4	Melody	Latta	8.22	6.15	4	FF
5	Tahlia	Hunt	8.29	6.12	3	3
6	Nasrin	Hewitt	9.51	6.04	2	2
7	Huxley	Jones	10.19	5.29	1	1

10yrs 0.750KM

Place	Name		Finish Time	H'cap Time	H'c ap	Open
1	Carsen	Luketic	4.00	3.28	4	FM
2	Elijah	Manalili	4.12	3.32	5	3
3	Norah	Edwards	4.21	3.24	3	FF
4	Eloise	Colman	5.09	3.09	1	1
5	Clementine	Colgan	5.11	3.10	2	2
6	Elyse	Thorburn	7.35	4.07	6	-

FF=Fastest Female Parramatta City Open
FM=Fastest Male Parramatta City Open