

NSW RACE WALKING CLUB

Check out the Website: www.nswracewalkingclub.com

Established 1911



The RACEWALKER 17th & 24th May, 2025

Welcome to the New South Wales Race Walking Club Inc.

Last Saturday was the Kevin Stone Memorial Nepean Open sponsored by **Nepean Athletics Club**. Awards were presented to the Fastest Female and Fastest Male and 1st, 2nd and 3rd combined handicap winners in each division. To be eligible for the awards competitors must have successfully competed in their nominated division on ONE prior occasion this season. Winners of a Fastest award cannot win a Handicap award.

Upcoming Events

Saturday 24th May - Club competition at Chipping Norton

Saturday 31st May – NSW Athletics Team Walks at The Armory, Newington, Sydney Olympic Park

Entries close midday on Wednesday 28th May at <https://www.nswathletics.org.au/events/> if you require assistance please contact competitions@nswathletics.org.au or phone: 02 9746-1122. This is the second of 3 State Championships for members of both Little Athletics NSW or Athletics NSW who are registered for the 2024-2025 season. All information is available on the website, see above.

Sunday 8th June at Mt. Stromlo, Canberra is the first Race Walking Federation event. Entries are the responsibility of each walker but NSW RWC would like you to tell us when you have entered and for what event, as there are also team events included for most races that require 3x NSW RWC Members to make a team.

The ACT Race Walking Club require helpers to conduct this Federation event, so we hope the majority of our members will help. They have asked if you anticipate attending the dinner on Sunday night that you indicate on your entry how many people will attend, but please do this only once per family. Go to <https://www.revolutionise.com.au/vrwc/events/287244> to read the entire **Canberra Federation – Lake Burley Griffin Walking Carnival** information.

Entries are now OPEN and will **CLOSE at 18:00 Friday 23rd May 2025.**

There are no refunds available.

PLEASE NOTE: age at 31st December 2025.

There is a link to all the info you should need via the portal, but if there are queries please email lbgcarnival@gmail.com

There is a discount at the Statesman Hotel.

International athletes should note they require their own insurance to compete. Australian athletes should be covered by their club. This is the responsibility of each athlete to check.

There may be slight adjustments to the timetable depending on final numbers.

Congratulations to our Publicity Officer, **Kirsten Crocker** who was awarded Life Membership of Athletics NSW at their recent Awards Night.

This **Racewalker** is our weekly newsletter and will contain the previous week's results and news. It is FREE and when you **register each Saturday** at the table for your race, you can collect your copy, or download it from our website during the week.



Please check out our website www.nswracewalkingclub.com as well as join our Facebook page "NSW Race Walking Club Inc" which is a great place to keep in touch with what's happening. When joining our Facebook group page you **must answer the Facebook questions and agree to our rules.**

Labelled Water bottles: It is essential that all walkers in Long & Medium divisions bring their own water in a labelled (name & competition no.) bottle & place on the drinks table prior to the start of their race. This is the **ONLY** place walkers can collect water from during races of 5km or longer up to and including 10km.

10/05/25 CHIPPING NORTON - Kevin Stone Memorial Nepean Open

To be eligible for an award, for the Nepean Open, athletes must have successfully competed in their nominated division on 1 prior occasion, as it's early in the season.

To receive Handicap Points for NSWRC an athlete needs to successfully compete on 2 prior occasions.

LONG 8KM

Place	Name		Finish Time	H'cap Time	H'c ap	Open
1	Brendan	Pospischil	44.27	-	-	-

MEDIUM 6KM

Place	Name		Finish Time	H'cap Time	H'c ap	Open
INV	Ciara	Cassilles	36.18	-	-	-
1	Aidan	Pospischil	37.21	24.42	2	FM
2	Laura	Sotmayer	39.00	-	-	-
3	Antoinette	Woodward	40.43	24.13	1	FF
4	Summer	Sivaraj	42.59	-	-	-
	Brendan	Hyde	DNF	-	-	-

SHORT 3KM

Place	Name		Finish Time	H'cap Time	H'c ap	Open
1	Christopher	Nilon	16.17	12.50	4	FM
2	Ashleigh	Mansell	17.28	13.07		FF
3	Emma	Hoskins	18.02	10.25	1	1
4	Erin	Cassilles	18.08	-	-	-
5	Jodie	Barakat	18.56	12.07	-	4
6	Carmel	Parker	21.46	13.18	7	7
7	Emily	Challinor	26.48	11.42	2	2
8	Sarah	Challinor	26.49	11.43	3	3
9	Claire	Gauci	27.11	13.16	5	5
10	Nicolle	Challinor	27.12	13.17	6	6

10yrs 1KM

Place	Name		Finish Time	H'cap Time	H'c ap	Open
1	Archer	Lane	4.57	3.47	1	FM
2	Eric	Colgan	5.01	4.13	-	4
3	Jaiden	Chahal	5.20	3.47	-	2
4	Lola	Dixon	5.39	4.14	2	FF
5	Patrick	Yeldham	6.07	-	-	-
6	Huxley	Jones	6.44	4.15	3	5
7	Amelia	Mair	7.00	4.05	-	3
8	Samuel	Waddington	7.11	4.20	4	6
9	Carsen	Luketic	7.28	4.26	5	7
10	James	Barakat	7.56	3.30	-	1
11	Clementine	Colgan	9.01	-	-	-
	Suvir	Jain	DQ	-	-	-
	Emerson	Lane	DQ	-	-	-

14yrs 3KM

Place	Name		Finish Time	H'cap Time	H'c ap	Open
1	Nate	Appleyard	14.53	14.58	6	FM
2	Avia	Luketic	15.05	14.05	3	FF
3	Rhys	Straub	16.51	14.09	4	4
4	Patrick	Waddington	17.24	15.40	7	6
5	Ivy	Murray	17.30	13.42	-	2=
6	Alexander	Dennett	17.57	13.46	2	3
INV	Hannah	Hewitt	18.07	-	-	-
7	Addison	Jenkins	19.02	14.37	5	5
8	Veronica	Dennett	20.25	13.42	1	2=
9	Luca	Barakat	23.20	11.38	-	1

12yrs 2KM

Place	Name		Finish Time	H'cap Time	H'c ap	Open
1	Darcy	Dennis	10.06	9.02	-	FM
2	Harrison	Bouquet	10.26	8.48	-	5
3	Lily Eve	Everson	10.28	8.42	4	FF
4	Stella	Wade	10.45	8.39	3	4
5	Joshua	Waddington	11.07	9.19	6	7
6	Beth	Cochrane	11.17	8.59	5	6
7	Melody	Latta	12.07	8.29	2	3
8	Nasrin	Hewitt	12.17	-	-	-
9	Oliver	Masik	12.53	11.19	-	9
10	Chloe	Farrugia	13.19	8.26	1	2
11	Olivia	Baxter	14.50	9.22	7	8
12	Amelie	Barakat	14.57	7.32	-	1
	Daniel	Smart	DNF			

16yrs 4KM

Place	Name		Finish Time	H'cap Time	H'c ap	Open
1	Noah	Vella	21.54	17.27	4	FM
2	Mia Rose	Everson	22.24	16.55	3	FF
3	Sienna	Wade	22.33	16.5	2	2
4	Ashleigh	Farrugia	25.45	19.32	5	3
5	Sagan	Jones	26.35	19.57	6	4
6	Luke	Challinor	35.47	16.07	1	1

FF=Fastest Female Nepean Open

FM=Fastest Male Nepean Open